

VARIETIES

KURMA DISHES

(very mild) Cooked with cream, coconut & sultanas. **(Dairy)**

MALAYAN DISHES

(mild) Cooked with bananas & pineapple

DANSAK DISHES

(medium) A popular dish of Persian origin, cooked with lentils & pineapple to produce a sweet & sour taste.

ROAGAN JOSH DISHES

(medium) Cooked with a special blend of spices, with garlic & lots of tomatoes.

PATHIA DISHES

(medium) sweet & sour dish. **(Dairy)**

DUPIAZA DISHES

(medium) Cooked with a special blend of spices & lots of onions.

BHUNA DISHES

(medium) Cooked with a special blend of spices, coriander & tomatoes.

MADRAS DISHES

(hot)

VINDALOO DISHES

(very hot)

MURGH (spring chicken)	£8.50
CHICKEN TIKKA (Dairy) (Nuts)	£8.70
LAMB TIKKA (Dairy) (Nuts)	£10.20
GOSHT (mutton)	£8.95
KEEMA (mincemeat)	£8.95
PRAWN	£8.95
KING PRAWN	£14.95
VEGETABLE	£8.20
FISH (Haddock)	£13.95

BIRIANI DISHES

A Biriani is made by gently cooking with Basmati rice, together with a mixture of mild spices and served with a medium vegetable curry sauce and an egg omelette **(Dairy)**

SPECIAL BIRIANI	£11.95
Mixture of chicken, mutton, prawns & mushrooms	
MURGH BIRIANI (spring chicken)	£9.70
CHICKEN TIKKA BIRIANI (Dairy) (Nuts)	£9.95
LAMB TIKKA BIRIANI (Dairy) (Nuts)	£10.95
GOSHT BIRIANI (mutton)	£9.95
PRAWN BIRIANI (no egg omelette)	£9.95
KING PRAWN BIRIANI (no egg omelette)	£14.95
VEGETABLE BIRIANI (V) (no egg omelette)	£9.20
FISH BIRIANI (no egg omelette) (Haddock)	£13.95

SABZI VEGETABLE (SIDE DISHES)

BINDI BHAJI (okra)	£4.50
SABZI BAHAR (mixed veg / dairy)	£4.20
CAULIFLOWER BHAJI	£4.20
MUSHROOM BHAJI	£4.20
CHANNA MASSALA (chickpeas / dairy)	£4.70
TARKA DHALL (pink lentils)	£4.20
PALAK BHAJI (spinach)	£4.20
BRINJAL BHAJI (aubergine)	£4.50
BOMBAY ALOO	£4.20
PALAK ALOO (spinach & potato)	£4.40
PALAK PANEER (spinach & cheese / dairy)	£4.70
ALOO GOBI (potato & cauliflower)	£4.40
DALL MASSALA (spicy dall)	£4.70

ENGLISH DISHES INCLUDES CHIPS

CHICKEN OMELETTE (Dairy)	£7.95
CHICKEN NUGGETS	£7.95

CHAWAL RICE

LEMON RICE	£3.20
SPECIAL PILLAU	£3.50
Basmati rice cooked with mincemeat, mushrooms & vegetables.	
KASHMIRI PILLAU (contains nuts)	£3.50
Basmati rice cooked with dried fruit & nuts / seeds	
KEEMA PILLAU Basmati rice cooked with mincemeat.	£3.50
MUSHROOM PILLAU Basmati rice cooked with mushrooms.	£3.20
VEGETABLE PILLAU Basmati rice cooked with vegetables.	£3.20
PEAS PILLAU Basmati rice cooked with peas.	£3.20
EGG PILLAU Basmati rice cooked with egg.	£3.20
GARLIC PILLAU Basmati rice cooked with garlic.	£3.20
FRIED RICE Boiled rice cooked with fried onions.	£3.20
PLAIN PILLAU Basmati rice	£2.70
PLAIN BOILED RICE	£2.50

NAANS & ROTIS (FRESHLY BAKED BREADS)

SPECIAL NAN Cheese, coriander & garlic (Dairy & Gluten)	£3.50
PLAIN NAN Unleavened bread (Dairy & Gluten)	£2.60
KEEMA NAN Unleavened bread filled with spiced mincemeat. (Dairy & Gluten)	£3.20
PESHWARI NAN Unleavened bread filled with dried sultanas and coconut powder. (Sweet) (Dairy & Gluten)	£3.20
KULCHA NAN Stuffed with mixed veg. (Dairy & Gluten)	£3.20
CHEESE NAN Stuffed with cheese. (Dairy & Gluten)	£3.20
GARLIC NAN Pasted with garlic. (Dairy & Gluten)	£3.20
PLAIN CHAPPATI (Gluten)	£0.90
TANDOORI ROTI (Gluten)	£2.60
PARATHA (Gluten)	£3.00
ALOO PARATHA (Gluten)	£3.50
CHIPS	£2.50

POPADOM

The crisp favourite accompanied with Indian and Bangladeshi food.

SPICY	£0.70
PLAIN	£0.80
PICKLES SELECTION	£3.20
Onions, mango, mixed pickle, mint sauce, red sauce (80p each)	

RUCHEE

Indian & Bangladeshi Cuisine EST. 2003



Tel: (01729) 823393

Unit 9 Commerical Courtyard,
Settle, North Yorkshire, BD24 9RH

Visit: www.rucheeseattle.com

OPENING HOURS

Friday & Saturday 5:00pm-11pm
Sunday - Thursday 5:00pm - 10:30pm
Open All Bank Holidays



STARTERS

SABZI (VEGETABLES)

ONION BHAJI Fritters (dairy)	£3.70
SAMOSA Vegetable stuffed pastries (gluten)	£3.60
PUREE CHANA CHAT Spiced and dried chickpeas (gluten)	£4.00
PUREE ALOO CHAT Spiced and dried potatoes (gluten)	£4.00
MUSHROOM PAKORAS Fritters	£3.70

MACHLI (FISH)

KING PRAWN BHAJI ON PUREE (gluten)	£6.20
BHUNA PRAWN ON PUREE (gluten)	£4.50
MACHLI PAKORA Haddock in spiced batter	£5.50
MACHLI BIRAN Haddock lightly spiced with garlic, onions & fresh herbs	£5.95

MANGSHO (LAMB & POULTRY)

SPECIAL MIX (dairy)	£4.80
Chicken tikka, onion bhaji and sheek kebab.	
SIZZLER MIX (Starters for 2) (dairy)	£8.50
Sheek kebab, chicken tikka, lamb tikka and tandoori chicken	
CHICKEN PAKORA (dairy)	£4.30
CHICKEN CHAT Bhuna diced chicken on puree (gluten)	£4.70
SHAMI KEBAB	£4.10
CHICKEN TIKKA (dairy)	£4.30
LAMB TIKKA (dairy)	£4.80
SHEEK KEBAB	£4.10
TANDOORI CHICKEN (¼ Chicken on the bone) (dairy)	£4.10
SAMOSA (Stuffed with mincemeat) (gluten)	£4.00
MURGH FITTAH Mashed chicken in a pancake roll (gluten)	£3.90
RESHMI KEBAB Spiced mincemeat covered in egg omelette (dairy)	£4.10
LAMB CHOPS Marinated and cooked in a clay oven (dairy)	£5.50
KEEMA & CHEESE SAMOSA	£4.50

TANDOORI GRILL SIZZLERS

These dishes are cooked on charcoal in a specially designed clay oven, the meat having been previously marinated in our special mixtures roasted on skewers and garnished with salad and rice. Tandoori dishes are among the outstanding delicacies of India & Bangladesh.
(gluten, dairy, may contain nuts)

MIXED GRILL	£10.95
Chicken tikka, lamb tikka, sheek kebab and tandoori chicken.	
TANDOORI CHICKEN ½ Chicken on the bone	£8.95
CHICKEN SHASHLICK	£9.95
LAMB SHASHLICK	£10.95
CHICKEN TIKKA	£8.70
LAMB TIKKA	£10.95
TANDOORI KING PRAWNS	£14.95

RUCHEE VARIETIES

SULTANA LAMB PASSANDA (mild) (coconut) (dairy)	£10.20
Fillet of lamb cooked in cream, cultured yoghurt, nuts in marinated subtle & delicate mango sauce.	
CHICKEN TIKKA MAKAHANI (mild) (coconut) (dairy)	£8.95
Butter chicken marinated in Punjabi spices & cooked in butter sauce.	
MURGH TIKKA SAGWALA (medium) (dairy)	£9.20
Cubes of chicken cooked in Indian Style with spinach & fresh tomatoes.	
KEEMA MATTER (medium)	£9.95
Lamb mincemeat cooked with peas in a spicy sauce.	
CHINGRE SAGWALA (medium)	£15.30
King prawns and spinach cooked with garlic, ginger, cumin & a mixture of herbs and spices, garnished with fresh coriander.	
SAAG GOSHT (medium)	£9.95
Mutton cooked with spinach, herbs & spices then flavoured with fenugreek & fresh coriander.	
KING PRAWN BANGEN (medium)	£15.50
King prawns and aubergines cooked with garlic, ginger, cumin & a mixture of herbs and spices, garnished with fresh coriander.	

SPECIALS

DESI KHANA (medium) Chicken £9.70 Mutton £9.95	
Truly traditional Asian style dish, very popular within Asian homes, flavoured with fresh coriander. (Ask for Asian style for more intense flavour)	
MURGH ACHAR (medium) £9.70	
A combination of marinated chicken cooked with spiced mincemeat, the finest Indian spices, garlic, roast cumin seeds, methi seeds, aniseeds & gently simmered in bay leaf juices.	
JARDALOO SALI BOTI (sweet & sour) (dairy) £10.70	
Royal piece of fillet of lamb which is prepared with oriental spices with fruits to provide a dish with sweet & sour flavour then garnished with crispy potato sticks with fresh coriander.	
MANGSHO SALLOM (medium) (dairy) £9.95	
A classic Bangladeshi dish prepared with diced pieces of marinated mutton. Specially selected spices, cooked with a fair amount of ginger, garlic, green peppers, chopped onions & fenugreek to give it some aroma with garam massala.	
KUFTA BAHAR (medium) (dairy) £9.95	
A dish consisting of spiced meatballs made from mincemeat, fried & selected spices & herbs into a delicious Bhuna sauce with fresh coriander.	
RAJA-CHINGRE KHANA (medium) (dairy) £14.95	
Here the characteristics of the Tandoori King Prawn dish are derived from the use of fresh garlic, ginger, green pepper, tomatoes & fresh coriander. Selected spices & herbs are cooked into a medium yet moist sauce that is very distinct from the other dishes due to the way its prepared.	
MACHLI-ROOSHON (medium) (dairy) Haddock £13.95	
This special dish originates from Bengal consisting of diced pieces of fish, cooked in a medium sauce with lots of fresh garlic with finely chopped onions, green peppers, tomatoes, garam masala & a selection of other special spices of Bangladesh.	
ZAFRANI (medium) (dairy) £9.95	
Pieces of chicken breast cooked in a smooth & creamy sauce, made with puree tomatoes, cream & ground pistachio nuts.	
GARLIC CHILLI CHICKEN OR LAMB	
(hot) Chicken £9.70 Lamb £10.70	
Spring chicken or lamb cooked with fresh garlic, sprinkled with green chillies, coriander & fresh herbs.	
NAGA (hot) £9.70	
Off the bone fillet chicken flavoured with a specially made Naga sauce & sprinkled with chillies. Classical Bangladeshi dish.	
HYDRABADI (medium) Chicken £9.70 Mutton £9.95	
Hydrabadi dish is very unique. Consisting of many spices (too many to list). Crushed lime, crushed mango, peppers, chillies, fenugreek leaves, garlic & ginger. All crushed together to make a hydrabadi sauce. A dish to try! (dairy)	
SYLHETI SPECIAL (medium) £9.95	
A traditional style dish. Made by using a marinated piece of tandoori chicken off the bone cooked in the clay oven first, which is then mixed with mincemeat to make the Sylheti special dish. (dairy) (may contain nuts)	
BAKHOR (medium) Chicken £9.70 Gosht £9.95	
Roasted danyai seeds ground with selected spices & herbs for a great taste and flavour	
KASHMIRI (medium) Chicken £9.70 Gosht £9.95	
Specially marinated spices for deep spicy flavour	
JEERA (medium) Chicken £9.70 Gosht £9.95	
Cumin and selected spices & herbs for a great flavour	
(Try any of these dishes with Fish, King Prawns or Vegetables)	

Customers please notify management before ordering of any allergies you may have on food products. The management will make every effort to ensure that care is used to avoid allergen.
We reserve the right to withdraw discounts, promotions and refuse admission at any time.
All dishes are prepared in non GMO rapeseed oil, we do not use Ghee.

VARIETIES

GARLIC DISHES (medium)

Cooked with a fair amount of garlic, ginger, onions, fresh coriander, spices & herbs.

BALTI DISHES (medium)

A famous dish cooked with garlic, tomatoes, onions, green peppers, fresh coriander & freshly ground spices. (May contain nuts)

JALFREZI DISHES (hot)

Specially cooked with green chillies and Punjabi. Herbs and spices.

KARAHI DISHES (medium)

Another classic & favourite dish. Here the meats are cooked in, ground spices with onion & green peppers. (Dairy)

SPECIAL	£9.95
Mixture of chicken, mutton, prawns & mushrooms	
MURGH (spring chicken)	£8.95
CHICKEN TIKKA (dairy)	£9.20
LAMB TIKKA (dairy)	£10.20
GOSHT (mutton)	£9.70
PRAWN	£9.70
KING PRAWN	£14.95
MACHLI (Haddock)	£13.95
VEGETABLE	£8.50

MASSALA DISHES

(mild to medium) This means sauce & a very special sauce it is too. Unique tandoori flavours, creamy yoghurt & Punjabi spices.
(Dairy / Coconut / May contain nuts)

ASIAN CHICKEN MASSALA (Hot)	£8.95
VEGETABLE MASSALA	£8.50
CHICKEN TIKKA MASSALA	£8.95
LAMB TIKKA MASSALA	£10.20
TANDOORI KING PRAWN MASSALA	£14.95
FISH MASSALA (Haddock)	£13.95

BALTI MASSALA DISHES

(medium) A unique & complex dish of all the great curries. Marinated in special herbs, spices, crushed garlic & ginger in a thick sauce.
Dairy / may contain nuts.

SPECIAL	£9.95
Chicken, meat, prawns & mushrooms.	
MURGH (spring chicken)	£8.95
CHICKEN TIKKA	£9.20
LAMB TIKKA	£10.20
GOSHT (mutton)	£9.70
PRAWN	£9.70
KING PRAWN	£14.95
MACHLI (Haddock)	£13.95
VEGETABLE (V)	£8.50